

J-Mac Complete Car Care Highlights the Value of Preventive Maintenance

How Often Does Your Car Really Need Auto Repairs in Salt Lake City?

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SALT LAKE CITY, Utah, Oct. 31, 2026- J-Mac Complete Car Care, a third-generation, family-owned auto repair center serving the Salt Lake Valley since 1972, is highlighting the importance of preventive maintenance to help drivers manage vehicle expenses. The car repair shop continues to offer complimentary digital inspections designed to identify potential mechanical issues early and help customers make informed decisions about necessary repairs.

Planning Ahead for Vehicle Maintenance Costs

Routine maintenance is an important part of budgeting for vehicle ownership. According to AAA's car maintenance and repair budgeting guidance, its 2025 estimate for maintenance, repairs, and tires on a typical new vehicle was 11.04 cents per mile, or approximately \$103 per month for an average driver. Actual expenses vary depending on the vehicle, mileage, driving habits, and maintenance needs.

For Salt Lake City drivers, seasonal temperature changes are another reason to pay attention to vehicle conditions. Regular inspections can help identify developing issues and give drivers a clearer picture of recommended maintenance before small problems become more serious.

Where Tune-Ups Differ From Oil Changes

Maintenance services address different parts of a vehicle and follow different schedules. An oil change replaces engine oil and the oil filter to help lubricate and protect engine components. Oil-change intervals depend on the vehicle, oil type, and operating conditions, so drivers should follow the manufacturer's maintenance schedule.

A tune-up may involve inspecting or replacing spark plugs and checking ignition, fuel, or intake system components as needed. Spark plug and filter replacement intervals also vary by vehicle. A car may need one service without needing the other, which is an important distinction for drivers planning routine maintenance.

Local Commitment to Preventive Care

Every maintenance visit at the shop includes a digital inspection covering filters, fluids, and belts, with photos and videos sent directly so vehicle owners can see the same findings as the technician. The practice is paired with a 2-Year / 24,000-Mile warranty on qualifying parts and labor, a standard the business has maintained as it has grown from a single local garage into a full-service auto repair center handling both routine maintenance and more specialized cooling system and HVAC work.

Executive Perspective

"Consistent maintenance is still the most reliable way to protect a vehicle and a person's budget," said

Greg McKenna, Owner and Technical Director at J-Mac Complete Car Care. "A short inspection during a routine visit can prevent a much larger repair a few months down the road, and that is the standard this shop has tried to hold since it opened in 1972."

About J-Mac Complete Car Care

J-Mac Complete Car Care is a third-generation, family-owned auto repair center in Salt Lake City located at 3520 S State St in Salt Lake City, Utah. Founded in 1972 by Jerry McKenna and carried forward by Greg McKenna and the next generation of the family, the business has grown into a full-service shop offering bumper-to-bumper repair for all makes and models, along with specialized cooling system and climate control work supported by an in-house parts inventory.

The shop offers a 2-Year / 24,000-Mile warranty on qualifying parts and labor and provides complimentary digital inspections with every visit. Vehicle owners in the Salt Lake Valley can schedule a maintenance inspection through the company's website or by contacting the shop directly.

Source Link: <https://www.jmaccarcare.com/how-often-does-your-car-really-need-auto-repairs-in-salt-lake-city>

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